# z-SCORES 

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## CONTENT OUTLINE

> Overview of z-Scores
> Probability \& Normal Distribution
> Distribution of Sample Means

## OVERVIEW OF Z-SCORES

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> Student A earned a score of 76 on an exam

* How many points were possible?
- 76 out of 80 ? Not bad!
- 76 out of 100 ? Not so great!
* How does a score of 76 compare to other students?
- 76 the lowest score in the class?
- Anyone earn a score higher than 76 ?


## OVERVIEW OF z-SCORES

BZ-Score

## standardized value that specifies the exact location of

 an $X$ value within a distribution by describing its distance from the mean in terms of standard deviation units> Standard Deviation Unit

* Standardized value
* 1 SD unit = value of 1 SD before standardization


## OVERVIEW OF z-SCORES



## SCORE LOCATION

$>z$-Scores describe the exact location of a score within a distribution

* Sign: Whether score is above (+) or below (-) the mean
* Number: Distance between score and mean in standard deviation units
> Example

$$
\therefore z=+1.00
$$

- Sign: positive (+) so score is above the mean
- Number: 1.00 SD units from the mean



## SCORE LOCATION

$>$ Example

$$
\otimes z=-.50
$$

- Sign: negative (-) so score is below the mean
- Number: . 50 SD units from the mean



## formula: RAW SCORE $\rightarrow$ Z-SCORE

> Transform raw score ( $X$ value) to $z$-Score

$$
z=\left(\frac{X-\mu}{\sigma}\right)=\left(\frac{X-M}{s}\right)
$$

* Numerator = Deviation Score
* Denominator = Standard Deviation


## formula: RAW SCORE $\rightarrow$ Z-SCORE

> Example

* Population A has $\mu=5$ and $\sigma=1$
* Find $z$-Score for $X=3$
$\% z=(3-5) / 1=-2 / 1=-2$
$z=\left(\frac{X-\mu}{\sigma}\right)$



## formula RAW SCORE $\rightarrow$ Z-SCORE

> Example

* Sample B has $M=5$ and $s=1$
* Find $z$-Score for $X=5.5$
$\% z=(5.5-5) / 1=.5 / 1=+.5$

$$
z=\left(\frac{X-M}{s}\right)
$$



## formula :RAW SCORE $\rightarrow$ Z-SCORE

> Transform $z$-Score to $X$ value (raw score )

$$
X=\mu+z \sigma=M+z s
$$

* 4 pieces of information:
- $X=$ raw score
- $\mu$ or $M=$ population/sample mean

○ $z=z$-Score

- $\sigma$ or $s=$ population/sample standard deviation


## formula RAW SCORE $\rightarrow$ Z-SCORE

> Example

* Person A from Sample Y has a z-Score of -.75
* $\mu=10, \sigma=2$
* Find $X$ for $z$-Score $=-.75$

$$
X=\mu+z \sigma=M+z s
$$

- $X=10+(-.75)(2)=8.5$



## RELATIONSHIPS

> $z$-Scores establish relationships between score, mean, standard deviation

* Example
- Population: $\mu=65$ and $X=59$ corresponds to $z=-2.00$
- Subtract 65 from 59 and find deviation score of six points corresponds to $z$ value of -2.00
- $(\mathrm{X}-\mu) / z=\sigma$
* Example
- Population: $\sigma=4$ and $X=33$ corresponds to $z=+1.50$
- Multiply $\sigma$ by $z$ to find deviation score (4 * $1.5=6$ )
$\circ$ Add/Subtract deviation score from $X$ to find $\mu(33-6=27)$


## DISTRIBUTION TRANSFORMATIONS

> Standardized Distribution
distribution composed of scores that have been transformed to create predetermined values for $\mu$ and $\sigma$; distributions used to make dissimilar distributions comparable
> Properties/Characteristics

* Same shape as original distribution - scores are renamed, but location in distribution remains same
* Mean will always equal zero (0)
* Standard deviation will always equal one (1)


## DISTRIBUTION TRANSFORMATIONS

> How-To

* Transform all $X$ values into $z$-Scores $\Rightarrow z$-Score Distribution
$>$ Advantage
* Possible to compare scores or individuals from different distributions $\Rightarrow$ Results more generalizable
$\circ z$-Score distributions have equal means (0) and standard deviations (1)


## STANDARDIZED DISTRIBUTIONS

$>z$-Score distributions include positive and negative numbers
> Standardize to distribution with predetermined $\mu$ and $\sigma$ to avoid negative values
> Procedure

* Transform raw scores to z-scores
* Transform $z$-scores into new $X$ values with desired $\mu$ and $\sigma$ values


## STANDARDIZED DISTRIBUTIONS

> Example

* Population distribution with $\mu=57$ and $\sigma=14$
* Transform distribution to have $\mu=50$ and $\sigma=10$
* Calculate new $X$ values for raw scores of $X=64$ and $X=43$
* Step 1 (of 2)
- Transform raw scores to $z$-scores
- $z=(X-\mu) / \sigma$

$$
\checkmark z=(64-57) / 14=(7 / 14)=.50
$$

$$
\checkmark z=(43-57) / 14=(-14 / 14)=-1.0
$$

## STANDARDIZED DISTRIBUTIONS

> Example (continued)

* Step 2 (of 2)
- Transform to new $X$ values
- $z=.50$ corresponds to a score $1 / 2$ of a standard deviation above the mean
- In new distribution, $z=.50$ corresponds to score 5 points above mean $(X=55)$
- In new distribution, $z=-1.00$ corresponds to score 10 points below mean $(X=40)$
using the unit normal table to find proportions PROBABILITY \& NORMAL
DISTRIBUTION


## PROBABILITY \& NORMAL DISTRIBUTION



## PROBABILITY \& NORMAL DISTRIBUTION

> Example
. $p(X>80)=$ ?

- Translate into a proportion question: Out of all possible adult heights, what proportion consists of values greater than 80 "?
- The set of "all possible adult heights" is the population distribution
- We are interested in all heights greater than 80 ", so we shade in the area of the graph to the right of where 80 " falls on the distribution


## PROBABILITY \& NORMAL DISTRIBUTION

> Example (continued)

* Transform $X=80$ to a $z$-score

$$
z=(X-\mu) / \sigma=(80-68) / 6=12 / 6=2.00
$$

* Express the proportion we are trying to find in terms of the $z$-score: $p(z$ $>2.00)=$ ?
* By Figure 6.4, $p(X>80)=p(z>+2.00)=2.28 \%$




## UNIT NORMAL TABLE



## UNIT NORMAL TABLE



## UNIT NORMAL TABLE: GUIDELINES

> Body = Larger part of the distribution
> Tail = Smaller part of the distribution
$>$ Distribution is symmetrical $\Rightarrow$ Proportions to right of mean are symmetrical to (read as "the same as") those on the left side of the mean
> Proportions are always positive, even when $z$-scores are negative
$>$ Identify proportions that correspond to $z$-scores or $z$-scores that correspond to proportions

## UNIT NORMAL TABLE: COLUMN SELECTION

$>$ Proportion in Body $=$ Column B


## UNIT NORMAL TABLE: COLUMN SELECTION

$>$ Proportion in Tail $=$ Column C


## UNIT NORMAL TABLE: COLUMN SELECTION

> Proportion between Mean \& $z=$ Column D


## PROBABILITIES, PROPORTIONS, Z

> Unit Normal Table

* Relationships between $z$-score locations and proportions in a normal distribution
* If proportion is known, use table to identify $z$-score
* Probability = Proportion


## FIND PROPORTION/PROBABILITY

> Example:

* Column B
- What proportion of normal distribution corresponds to $z$-scores $<z=1.00$ ?
- What is the probability of selecting a $z$-score less than $z=1.00$ ?

|  |  | (A) | (B) <br> Proportion <br> in Body | (C) <br> Proportion in Tail | (D) <br> Proportion Between Mean and $z$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1.00 | 0.8413 | 0.1587 | 0.3413 |
| 01.00 |  |  |  | $p(z<1.00)=.8413$ (or 84.13\%) |  |

## FIND PROPORTION/PROBABILITY

> Example:

* Column B
- What proportion of a normal distribution corresponds to $z$-scores $>z=-1.00$ ?
- What is the probability of selecting a $z$-score greater than $z=-1.00$ ?


| (A) | (B) <br>  <br>  <br> Proportion | (C) <br> Proportion | (D) <br> in Body |
| :---: | :---: | :---: | :---: |
| 1.00 | $\mathbf{0 . 8 4 1 3}$ | 0.1587 | 0.3413 |

- Answer:

$$
p(z>-1.00)=.8413 \text { (or } 84.13 \%)
$$

## FIND PROPORTION/PROBABILITY

> Example:

* Column C
- What proportion of a normal distribution corresponds to $z$-scores $>z=1.00$ ?
- What is the probability of selecting a $z$-score value greater than $z=1.00$ ?



## FIND PROPORTION/PROBABILITY

> Example:

* Column C
- What proportion of a normal distribution corresponds to $z$-scores $>z=1.00$ ?
- What is the probability of selecting a $z$-score value greater than $z=1.00$ ?



## FIND PROPORTION/PROBABILITY

> Example:

* Column C
- What proportion of a normal distribution corresponds to $z$-scores $<z=-1.00$ ?
- What is the probability of selecting a $z$-score value less than $z=-1.00$ ?



## FIND PROPORTION/PROBABILITY

> Example:

* Column D
- What proportion of normal distribution corresponds to positive $z$-scores $<z=1.00$ ?
- What is the probability of selecting a positive $z$-score less than $z=1.00$ ?



## FIND PROPORTION/PROBABILITY

> Example:

* Column D
- What proportion of a normal distribution corresponds to negative $z$-scores $>z=-1.00$ ?
- What is the probability of selecting a negative $z$-score greater than $z=-1.00$ ?



## FIND PROPORTION/PROBABILITY

> Example:

* Column D
- What proportion of a normal distribution corresponds to $z$-scores within 1 standard deviation of the mean?
- What is the probability of selecting a $z$-score greater than $z=-1.00$ and less than

$$
z=1.00 ?
$$

.3413+. 3413 =.6826
.3413+. 3413 =.6826
p(-1.00<z< 1.00) = . }6826\mathrm{ (or 68.26%)",
p(-1.00<z< 1.00) = . }6826\mathrm{ (or 68.26%)",

## FIND Z-SCORE

> Example:

* Column B
- What $z$-score separates the bottom $80 \%$ from the remainder of the distribution?



## FIND Z-SCORE

> Example:

* Column C
- What z-score separates the top $20 \%$ from the remainder of the distribution?



## FIND Z-SCORE

> Example:

* Column D
- What $z$-score separates the middle $60 \%$ from the remainder of the distribution?



## PROPORTION/PROBABILITY FOR X

$>$ Steps

* Convert $X$ to $z$-Score
* Use Unit Normal Table to convert $z$-score to corresponding percentage/proportion
> Example
* Assume a normal distribution with $\mu=100$ and $\sigma=15$
*What is the probability of randomly selecting an individual with an IQ score less than 130 ?

$$
p(X<130)=?
$$

* Step 1: Convert $X$ to $z$-Score

$$
z=\frac{X-\mu}{\sigma}=\frac{130-100}{15}=\frac{30}{15}=2.00
$$

## PROPORTION/PROBABILITY FOR X

> Example (continued)

* Step 2: Use Unit Normal Table to convert z-score to corresponding percentage/proportion

$$
z=2.00
$$

| $(\mathrm{A})$ | $(B)$ <br> Proportion <br> in Body | $(\mathrm{C})$ <br> Proportion <br> in Tail | (D) <br> Proportion Between <br> Mean and $z$ |
| :---: | :---: | :---: | :---: |
| 2.00 | 0.9772 | $\mathbf{0 . 0 2 2 8}$ | 0.4772 |

Answer:

$$
p(X<130)=.9772 \text { (or } 97.72 \%)
$$

$$
\mu=100 \quad X=130
$$

## 

> Example

* Assume a normal distribution with $\mu=58$ and $\sigma=10$ for average speed of cars on a section of interstate highway
*What proportion of cars traveled between 55 and 65 miles per hour?

$$
p(55<X<65)=?
$$

* Step 1: Convert $X$ values to $z$-Scores

$$
\begin{aligned}
& z=\frac{X-\mu}{\sigma}=\frac{55-58}{10}=\frac{-3}{10}=-.30 \\
& z=\frac{X-\mu}{\sigma}=\frac{65-58}{10}=\frac{7}{10}=.70
\end{aligned}
$$

## PROPORTION/PROBABILITY FOR X

> Example (continued)

* Step 2: Use Unit Normal Table to convert $z$-scores to corresponding proportions

$$
z=-.30 \quad z=.70
$$



## 

> Example

* Assume a normal distribution with $\mu=58$ and $\sigma=10$ for average speed of cars on a section of interstate highway
*What proportion of cars traveled between 65 and 75 miles per hour?

$$
p(65<X<75)=?
$$

* Step 1: Convert $X$ values to $z$-Scores

$$
z=\frac{X-\mu}{\sigma}=\frac{65-58}{10}=\frac{7}{10}=.70 \quad z=\frac{X-\mu}{\sigma}=\frac{75-58}{10}=\frac{17}{10}=1.70
$$

## PROPORTION/PROBABILITY FOR X

> Example (continued)

* Step 2: Use Unit Normal Table to convert $z$-scores to corresponding proportions

$$
z=.70 \quad z=1.70
$$


$z$-scores for dístríbutions of sample means

## DISTRIBUTION OF SAMPLE MEANS

## DISTRIBUTION OF SAMPLE MEANS

> Use of Distribution of Sample Means

* Identify probability associated with a sample
* Distribution = all possible $M_{\text {s }}$
* Proportions = Probabilities


## DISTRIBUTION OF SAMPLE MEANS

> Example

* Population of SAT scores forms normal distribution with $\mu=500$ and $\sigma=100$. In a sample of $n=25$ students, what is the probability that the sample mean will be greater than $M=540$ ?

$$
p(M>540)=?
$$

* Central Limit Theorem describes the distribution
- Distribution is normal because population of scores is normal
- Distribution mean is 500 because population mean is 500
- For $n=25$, standard error of distribution is $\sigma_{M}=20$


## DISTRIBUTION OF SAMPLE MEANS

$>$ Example (continued)

$$
p(M>540)=?
$$

* Step 1: Calculate standard error of the distribution

$$
\sigma M=\frac{\sigma}{\sqrt{n}}=\frac{100}{\sqrt{25}}=\frac{100}{5}=20
$$

* Step 2: Calculate corresponding $z$-score

$$
z=\frac{(M-\mu)}{\sigma M}=\frac{(540-500)}{20}=\frac{40}{20}=2
$$

## DISTRIBUTION OF SAMPLE MEANS

> Example (continued)

$$
p(M>540)=?
$$

* Step 3: Unit normal table to find correct value of $p$ corresponding to shaded area for $z$


$$
p(M>540)=.0228
$$

## Z-SCORE FOR SAMPLE MEANS

> Where a sample is located relative to all other possible samples
> Formula

$$
z=\frac{(M-\mu)}{\sigma_{M}}
$$

> Applications

* Probabilities associated with specific means
* Predict kinds of samples obtainable from a population


## Z-SCORE FOR SAMPLE MEANS

> Example

* Predict kinds of samples obtainable from a population
* The distribution of SAT scores is normally distributed with a mean of $\mu=500$ and a standard deviation of $\sigma=100$. Determine what kind of sample mean is likely to be obtained as the average SAT score for a random sample of $n=$ 25 students $80 \%$ of the time.


## Z-SCORE FOR SAMPLE MEANS

> Example (continued)

* Determine what kind of sample mean is likely to be obtained as the average SAT score for a random sample of $n=25$ students $80 \%$ of the time.



## Z-SCORE FOR SAMPLE MEANS

> Example (continued)

* Determine what kind of sample mean is likely to be obtained as the average SAT score for a random sample of $n=25$ students $80 \%$ of the time.
$\circ z=-1.28$ and 1.28
- Last Step: Calculate mean values

$$
\begin{gathered}
M=\mu+z \sigma M=500+(-1.28 \times 20)=500-25.6=474.4 \\
M=\mu+z \sigma M=500+(1.28 \times 20)=500+25.6=525.6
\end{gathered}
$$

- $80 \%$ of sample means fall between 474.4 and 525.6

