



UNIVERSITY
RECREATION

GREENBELT BIKE RIDE

Carrollton, GA

📍 BASIC INFORMATION

📍 **Location** **Carrollton, GA**

💰 **Cost** **Free**

📈 **Skill Level** **Beginner - Must know how to ride a bike**

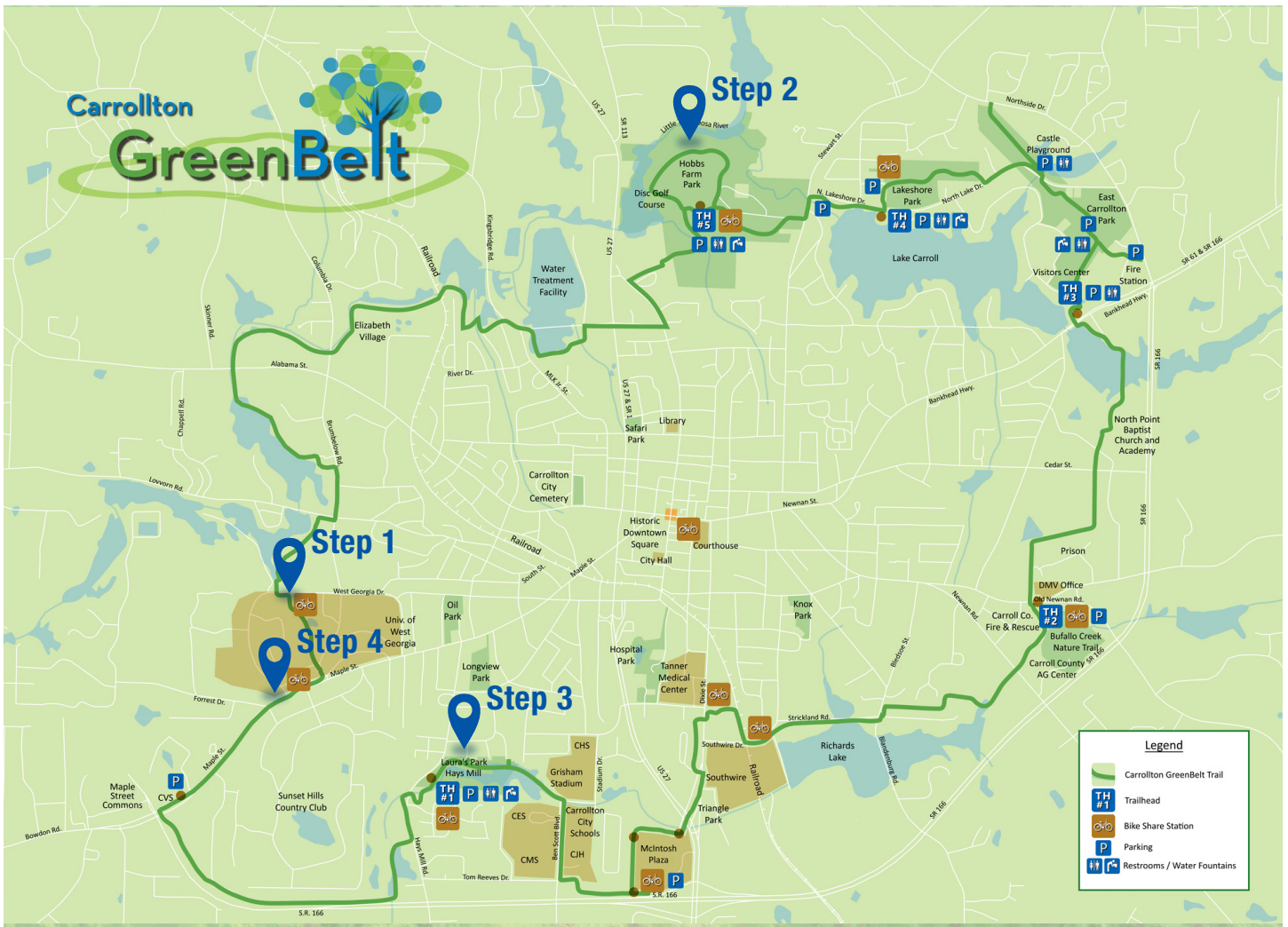
🕒 **Trip Length** **1-4 hours**

📝 PACKING LIST

- Comfortable clothing**
- Bike**
- Helmet**
- Bike Lock**
- Water**
- Fully charged cell phone**
- Snacks**
- Day pack**
- Sunglasses**
- Sunscreen**

IMPORTANT CONTACTS

- **UPD/Carrollton PD | 911**
- **UPD (Non-Emergency) | 678-839-6000**
- **West Georgia Outdoors | 678-839-5359**



SUGGESTED ITINERARY

Friday

Rent any needed equipment from WGO

Saturday

Step 1 Leave from UWG going North (You will pass the Coliseum on your left)

Step 2 Stop at Hobbs Farm for a break! Make sure you eat a snack and rehydrate before continuing

Step 3 Continue on until you reach Laura's Park (Hays Mill) and take a break by the river. Laura's Park is located shortly after the wooded section of trail once you pass Carrollton City Schools

Step 4 Continue toward UWG to finish the bike trail loop

PRO TIPS

- During the hot summer months, ride before 11 a.m. to beat the heat. In the Spring/Fall, ride after lunch and soak in the rays
- Take breaks often and drink water each time
- Apply sunscreen before you begin and wear sunglasses - keeps the sun (and bugs) out of your eyes
- Watch out for bollards
- Stay to the right of the path unless passing another group
- Avoid this trip right after heavy rains or flood-like conditions. Sections of the trail flood easily and wet pavement is slippery